

Journal Grounds-Ideas

book page collage
watercolor and salt
acrylic dry brush
watercolor with crayon resist
crayon rubbings
bubble wrap
coffee
tea
construction paper collage
stamping
plastic wrap

In order to be successful:

- Prep pages ahead of time, i.e. while waiting for your painting to dry or for clay piece to harden, or when you just need a break.
- Collect things you may want to add to your pages, leaves, images, text, fabric, yarn, etc.
- Always use layers!
- Mix it up!
- Develop a personal voice when making visual journal pages.